



Rotary
Club of Navi Mumbai Sunrise



ROTARY CLUB OF NAVI MUMBAI SUNRISE

Club ID: 76727

District ID: 3142

Charter Date: 29th June 2007



Suryodaya



Stephanie Urchik
RI President 2024-25



Rtn. Dinesh Mehta
RID 3142 DG 2024-25



Rtn. Sanjay Panigrahi
President 2024-25

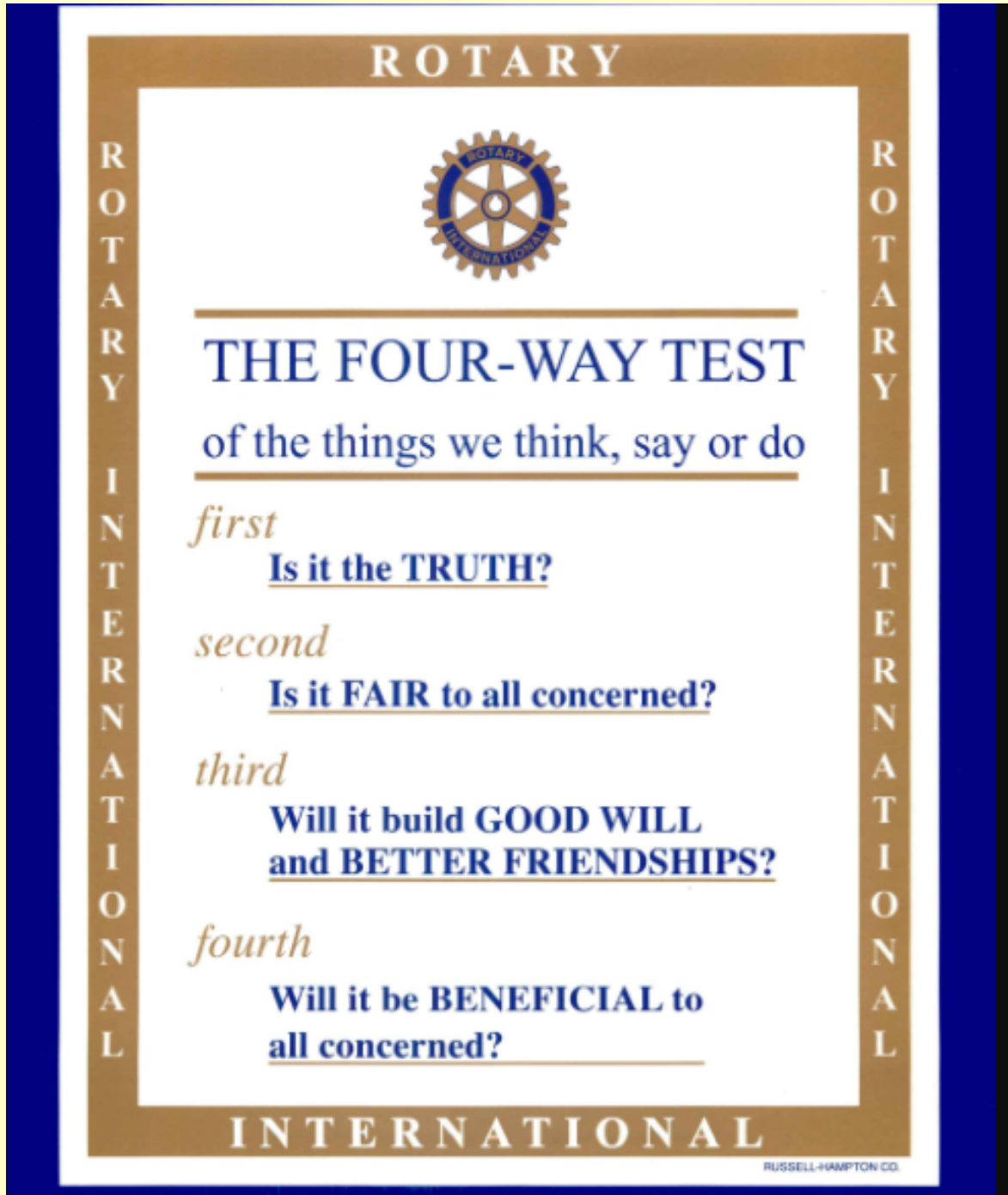


Rtn. Amrendra K. Saha
Secretary 2024-25



Club Editor
Rtn Sanjay Sharma

Issue August 2024



ROTARY

ROTARY INTERNATIONAL

ROTARY INTERNATIONAL

ROTARY INTERNATIONAL

INTERNATIONAL

RUSSELL-HAMPTON CO.

THE FOUR-WAY TEST
of the things we think, say or do

first
Is it the TRUTH?

second
Is it FAIR to all concerned?

third
**Will it build GOOD WILL
and BETTER FRIENDSHIPS?**

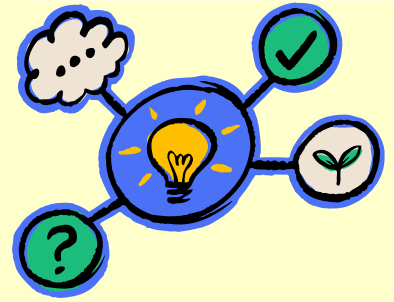
fourth
**Will it be BENEFICIAL to
all concerned?**

"The Magic of Rotary"

"In every corner of the globe, Rotary brings the magic of hope, compassion, and change. Like magicians of goodwill, Rotarians weave together threads of service, turning dreams into reality and challenges into triumphs. With each project, each act of kindness, we unleash the power of Rotary to create lasting impact and transform lives."



Sanjay Sharma
Editor



From Editor's Desk

Greetings to all of you!!!

"The sole meaning of life is to serve humanity" - Leo Tolstoy

As the rains recede and the hills are verdant green, Kharghar becomes the place to be in. Numerous rain water fed small waterfalls which attracted people from nearby places have started to dry. Nature it seems has now started to rest after working overtime during rains. World politics, which was anyway at the edge due to war in Ukraine and Gaza, is rocked by the unexpected sudden turn of events in Bangladesh. Politically this year is fraught with risks as 64 countries and half of world population will take part in elections resulting

Meanwhile members from 46,000 Rotary clubs worldwide continue to serve distressed humanity and provide solace and spread love. During the month of July, club members kept up their good work and participation to complete 21 projects. In the month of August as per the call of DG the club will strive to increase membership.

This edition brings you the details of the projects and the heart warming interactions of club members.

Please share your thoughts and ideas to make the magazine more interactive and interesting.

Yours Truly
Sanjay Sharma

**Message from President International
Year 2024**



Stephanie Urchik
RI President 2024-25

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself.

With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective.

Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenge

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic — building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club.

Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul. Opening another peace center is a monumental achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts — but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted.

I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary.



Rtn. Dinesh Mehta
RID 3142 DG 2024-25

Dear Fellow Rotarians,

As we prepare to usher in the second month of this Rotary Year, let us reflect on our recent achievements and look ahead to the opportunities before us. Your enthusiasm and dedication continue to inspire and drive our collective efforts toward creating a positive impact.

"You're off to great places! Today is your day! Your mountain is waiting, so get on your way." We did. July was a month of remarkable achievements.

1st July: ANNAPURNA Initiative

We kicked off the Rotary Year with our Annapurna Initiative, where we served meals to over 9000 people throughout our Rotary District. This act of service not only addressed immediate hunger issues but also showcased our commitment to alleviating food insecurity in our communities. Ann Veneman, Executive Director of UNICEF, says, "Few things have more impact than nutrition on a child's ability to survive, learn efficiently, and escape a life of poverty."

7th July: District Governor Installation

I am honored to have officially assumed the role of District Governor of Rotary District 3142 on the 7th of July. The Installation Ceremony was a testament to our unity and shared vision for the year ahead. I am grateful for the support and the implicit trust you have placed in me. That same evening, at an event organized at Hotel Satkar Residency, we felicitated Rotarians who pledged contributions of US\$ 1000 and more at the hands of P.R.I.D. K.R. Ravidran.

21st July: Blood Collection Drive

Our Blood Collection Drive was a tremendous success, with numerous Rotarians and community members braving the heavy rains to come together and donate blood. We collected over 1500 units. As a blood donation slogan so poignantly points out, "A mother's tears cannot save her child's life, but your blood can." This initiative significantly contributes to saving lives and meeting the urgent needs of the healthcare system.

Throughout July, I have had the honor and privilege of being invited as Chief Guest at the installation ceremonies of Rotary Clubs in all parts of the District. This has provided me with an opportunity to meet Club Members and learn about the community service projects and CSR initiatives taken up by these Clubs. It is where I see the magic of Rotary happening.



August in Rotary is designated as Membership and New Club Development Month. Membership is the lifeblood of our organization, and this month provides an excellent opportunity to celebrate the values of our members, showcase the global impact of Rotary, and infuse new blood by inviting deserving individuals to serve the community and enjoy the fellowship of kindred souls by joining Rotary.

I encourage each Club to actively engage in recruiting new members while retaining current ones. We need to emphasize the benefits of Rotary membership, including the opportunity to make a difference, build lasting friendships, and develop personal and professional skills. Let us work to create an inclusive and welcoming environment for all.

In addition, consider innovative ways to establish new clubs in areas that can benefit from Rotary's presence. By expanding our reach, we can grow our outreach and extend and amplify the impact of our service. Together, we can strengthen our organization and continue to serve our communities with dedication and passion. "What really matters from the point of view of social capital and civic engagement is not merely nominal membership but active and informed membership."

Thank you for your unwavering commitment and service.

Yours in Rotary Service,

**Dinesh Mehta
District Governor
RID 3142**

Dear Rotarians, friends, and supporters of our Rotary family,



**Rtn. Sanjay Panigrahi
President 2024-25**

It gives me immense pleasure to reach out to you through the second edition of our monthly bulletin, "Suryodaya." As the name suggests, every new day brings with it the promise of a brighter future, and it is this spirit of optimism and service that drives our Rotary Club forward.

In the past month, our club has accomplished a great deal, and I want to take a moment to reflect on the dedication, hard work, and passion that each one of you has contributed to our collective success. From impactful community service projects to engaging fellowship events, we have continued to uphold the Rotary motto, "Service Above Self," in everything we do.

One of the highlights of this month has been our focus on ANNADAN which has become a flagship project of our club. Through this initiative our club is committed to supporting cancer patients and their attendants by providing nourishing meals at Asha Nivas, Tata Memorial Cancer Centre, Kharghar where the underprivileged persons stay for treatment. This has not only brought satisfaction amongst members but also allowed us to make a meaningful difference in the lives of those we serve. It is moments like these that remind us of the true power of Rotary—bringing people together to create lasting change.

As we move into the next month, I encourage all of you to stay engaged, stay inspired, and continue to bring your unique talents and perspectives to the table. Whether you are participating in a service project, attending a meeting, or simply offering a word of encouragement to a fellow Rotarian, your contributions are invaluable.

In this edition of "Suryodaya," you will find updates on our ongoing projects, stories of impact, and insights into upcoming events. I hope that you will take the time to read through it and feel proud of what we have achieved together.

As always, I am here to listen to your ideas, suggestions, and feedback. Let us continue to work together with enthusiasm and dedication, ensuring that our club remains a beacon of hope and service in our community.

Thank you for your unwavering commitment to Rotary and for being an integral part of our journey. Let us make the coming month even more successful and fulfilling as we strive to create positive change.

**Yours in Rotary,
Sanjay Panigrahi
President, Rotary Club of Navi Mumbai Sunrise
Rotary Year 2024-25**

Projects Done

Annapurna Day

Date: 5th July, 2024
**Location: Tata Memorial Cancer Hospital
,Kharghar**
Number of beneficiaries: 150
Number of Members participated: 12
Cost: Rs. 5500
**Sponsored by Rtn. Sanjay and Sandhya
Sharma on occasion of Birthday of their
son Shrey Sharma**



Tree plantation

Date: 6th July, 2024
Location: Taloja jail premises
Number of beneficiaries: Numerous
Number of Members participated: 12
Cost: Rs. 1800

**Done in association with the Rotaract
Club of Navi Mumbai SAMARITAN**

Projects Done

Raincoat and sandal distribution

Date: 16th July, 2024

Location: CLC Pawne

Number of beneficiaries: 35

Number of Members participated: 4

Cost: Rs. 11,000

Sponsor: Respected Laxmis Prabhu



T-Shirt Distribution

Date: 17th July, 2024

**Location: Girija Orphanage home,
Kharghar**

Number of beneficiaries: 40

Number of Members participated: 6

Cost: Rs. 15,300



Projects Done

Annapurna day

Date: 20th July, 2024

**Location: Girija orphanage home, sector 12,
Kharghar**

Number of beneficiaries: 32

Number of Members participated: 5

Cost: Rs. 2,500



Annapurna Day (Nikshay Mitra)

Date: 20th July, 2024

**Location: Panvel Municipal Health
Centre, Sector-15, Kharghar**

Number of beneficiaries: 5

Number of Members participated: 7

Cost: Rs. 16,000



**The contribution for Adoption was made
by following Rotarians.**

- 1. Biswaranjan Sabat**
- 2. Mohd Parvez Khan**
- 3. Shaila Patel**
- 4. Kamalnayan Shirolkar**
- 5. Chhaya Taralekar**

Projects Done

Annapurna day

Date: 26th July, 2024

**Location: Tata Memorial Cancer Hospital
,Kharghar**

Number of beneficiaries: 150

Number of Members participated: 15

Cost: Rs. 5,500

**Sponsored by Rtn. Khiroda Jena on occasion
of Birthday of his daughter Praveena Jena**



Dada ji ki kahaniya and Birthday celebration

Date: 27th July, 2024

**Location: Happy school, ZP Inampuri
school, Kharghar**

Number of beneficiaries: 24

Number of Members participated: 3

Cost: Rs. 1500

**Done in association with Inner Wheel
Club of Navi Mumbai Sunrise**

Projects Done

National Parents day Celebration

Date: 28th July, 2024

Location: Girija old age home, Sector-12, Kharghar

Number of beneficiaries: 110

Number of Members participated: 28

Cost: Rs. 1,500

Done in association with Rotaract club of Navi Mumbai BVP



TLM Kits Distribution

Date: 31st July, 2024

Location: Sahayogini Palak Sanstha

Number of beneficiaries: 17

Number of Members participated: 7

Cost: Rs. 1,36,000

Done in in collaboration with the National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID)

Projects Done

TLM Kits Distribution

Date: 31st July, 2024

Location: Rainbow Foundation

Number of beneficiaries: 16

Number of Members participated: 7

Cost: Rs. 1,28,000

**Done in in collaboration with the
National Institute for the Empowerment
of Persons with Intellectual Disabilities
(NIEPID)**



Quiz test and Study app activation card distribution

Date: 31st July, 2024

**Location: C.G.M School, Sector-6,
Kharghar**

Number of beneficiaries: 50

Number of Members participated: 4

Cost: Rs. 2500



Projects Done

Annapurna Day

Date: 3rd August, 2024

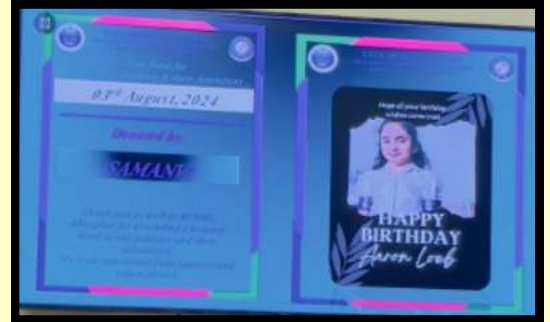
**Location: Tata Memorial Cancer Hospital
, Kharghar**

Number of beneficiaries: 150

Number of Members participated: 5

Cost: Rs. 5500

**Sponsored by Rtn. PP V.V.N RAJU on the
occasion of birthday of his grand daughter
Samanvi**



Organ donation and End Thalassaemia awareness

Date: 3rd August, 2024

**Location: Bharati Vidyapeeth Dental
College and Hospital**

Number of beneficiaries: 125

Number of Members participated: 7

Cost: Rs. 2000

**Done in association with the Rotaract Club
of Bharati Vidyapeeth Sunrise and NSS of
Bharati Vidyapeeth Dental College.**



Projects Done

TREE PLANTATION

Date: 3rd August, 2024

Location: Z.P.School, Owe Navin Gaon

Number of beneficiaries: Numerous

Number of Members participated: 5

Cost: Rs. 1500

**Project initiated by our Environment
Ambassador of our Club Rtn Chhaya
Taralekar.**



TREE PLANTATION

Date: 3rd August, 2024

**Location: Happy School, ZP Ranjanpada
School**

Number of beneficiaries: Numerous

Number of Members participated: 5

Cost: Rs. 1500

**Project initiated by our Environment
Ambassador of our Club Rtn Chhaya
Taralekar.**



Projects Done

E waste Drive

Date: 3rd August, 2024

Location: Radcliffe school

Number of beneficiaries: Numerous

Number of Members participated: 6

Cost: Rs. 500

**In association with Interact club of
Radcliffe school Sunrise.**



Study App Activation Card distribution

Date: 9th August, 2024

**Location: New International school, Murbi
village, sector-19, Kharghar**

Number of beneficiaries: 52

Number of Members participated: 5

Cost: Rs. 26,000

**This study App is suitable for class 10
students of Maharashtra state Education
Board.**



Projects Done

T- Shirt , School bag and snacks distribution

Date: 9th August, 2024

**Location: Ratnamala Deaf & Dumb and
Intellectual Disability house, Kalamboli**

Number of beneficiaries: 20

Number of Members participated: 3

Cost: Rs. 8,000



Annapurna Day at Asha Nivas, ACTREC

Date: 15th August, 2024

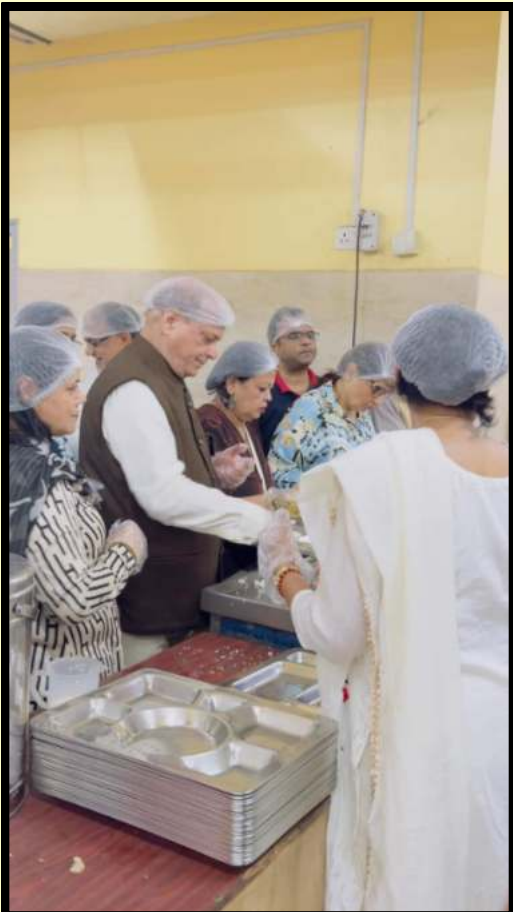
Location: Asha Nivas, ACTREC

Number of beneficiaries: 150

Number of Members participated: 5

Cost: Rs. 5,500

District Governor Rtn Dinesh Mehta and First Lady Rtn Jyoti Mehta joined us for Annadan to Cancer patients and their attendants at Asha Nivas, Tata Memorial Cancer Centre on the auspicious occasion of 78th independence Day.



Projects Done

TREE plantation

Date: 15th August, 2024

Location: HP Quarry CLC

Number of beneficiaries: Numerous

Number of Members participated: 20

Cost: Rs. 200

In association with Rotract club of Navi Mumbai Palm Beach, Rotract club of Navi Mumbai Sunrise and Rotract club of Navi Mumbai NMiMS.



Annapurna Day

Date: 15th August, 2024

Location: Child Learning Centres

Number of beneficiaries: 180

Number of Members participated: 20

Cost: Rs. 7,200

In association with Rotract club of Navi Mumbai Palm Beach, Rotract club of Navi Mumbai Sunrise and Rotract club of Navi Mumbai NMiMS.



A Motivational Talk was delivered by Rtn. Vinod Thakkar on 18th August



A Brief introduction of Rtn. Vinod Thakkar

He is the CEO of Square Feet Property Consultant Pvt Ltd which has presence all over India.

He believes that he is not a member but Rotarian in the true sense of philosophy

His journey in Rotary can be traced as given below

- **Joined Rotary in 1995**
- **Held the post of President, AG, Distt Secretary, Governor special officer. Was felicitated as Best Rotarian two times and Awarded Club Builder by Rotary International. He has inducted 97 members .**
- **He has given around 239 talks on “Rotary ki Khatti Meethi Baatein all over India.**
- **His expertise lies in innovation, learning fast, training and team building.**



RIVOCATION
Rotary In Vocation
BY Vinod Thakkar

Summary of Rtn. Vinod Thakkar's address

The objective of Rotary is to promote and uphold the ideal of service as a foundation for meaningful endeavors, specifically aiming to:

1. Uphold high ethical standards in business and professions, acknowledge the value of all useful work, and dignify each Rotarian's occupation as a chance to serve society.
2. Integrate the ideal of service into each Rotarian's personal, business, and community life.
3. Integrate the ideal of service into each Rotarian's personal, business, and community life.

Know Your New Family Members

Anil Thakkar

Business Owner of Omkar Toys, Delhi

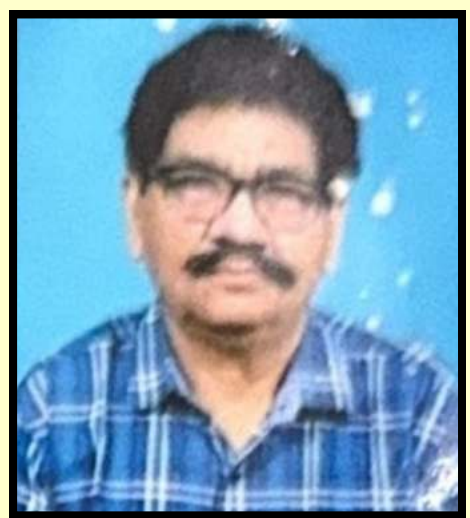
**Spouse : Kavita Thakkar, Partner of Omkar
Toys**

Son : Ankit Thakkar

Daughter: Kirti Chowdhury

Son In Law : Bholanath Chowdhury

Introduced by : Sanjay Panigrahi



Know Your New Family Members

Jasmina Thakkar

Business: LIC and Health Insurance

Daughter : Meghna

Son: Alpesh

Rejoined Rotary



Alpesh Thakkar

Business: Photography

Spouse: Rinkal Alpesh Thakkar

Daughter: Mahi

Son: Shivansh



Know Your New Family Members



Mr. S.D. Maske

**Former Executive Director ONGC Ltd
Introduced by : Sanjay Sharma**

Professional Summary

- **Former Executive Director ONGC Ltd**
- **Former Senior Advisor Vedanta Cairn Oil & Gas Ltd**
- **Experience of 40 years in the Oil & Gas Industry.**
 - **Decision maker by nature, often known for conceptual, analytical, technical, administrative, leadership, and communication skills.**
 - **Firmly believe that quality, speed and safety must go hand-in-hand.**
 - **Conducted many workshops/ Training programmes on the 7 Habits of Highly Effective People, Time Management, Motivation, Listening skills, Counseling.**

”एक दिन बनूँगा अफसर “



Amrendra Kumar Saha
Secretary
Rotary Club of Navi
Mumbai Sunrise

मैथ पढ़ा, पढ़ा बायोलॉजी
पढ रहे अब इतिहास

अल्लाह जाने कब मिलेगा इन सब से अबकास

मैडम मिली, टीचर मिली
मिले रहे अब प्रोफेसर

मेरे पूज्य पिता जी को भ्रम है
एक दिन मैं बनूँगा बड़ा अफसर

इसी भ्रम में मुझे भेजते रोज़ कॉलेज
पता नहीं उनको की रस्ते में ही रुकावट है

वही होती है अपनी पढ़ाई
सबसे पहला विषय होता है कि आज कौन सी
नई फिल्म आई है

फिर चर्चा का विषय होता है

धर्मेन्द्र, जीतेन्द्र और अमिताभ में
कौन है सबसे बड़ा स्टार,

गीता के अनुसार कोन हैं इसमें कृष्ण का अवतार

फिर से शोध का विषय होता है

आज किसने मिस कॉलेज की जूती खाई

कोन बना है भाग्यसाली,
वही पिलाएगा आज चाय की प्याली

चाय की प्याली के साथ चलती है सिगरेट
सिगरेट के में भुल जाते हैं सारे गम

और भूल जाते हैं पिता जी के सपने
अरे भाई अब भी तो कोई मेरे पिता जी को समझ दो

उनके सपनों का मैं ही हु हत्यारा
कभी नहीं बन पाऊँगा एक अफसर

उन्हें झूठे सपने की आसमान से उठा कर
सच्चाई के धरातल पर ला दो

और मुझे पढ़ने-लिखने से छुटकारा दिला दो
छुटकारा दिला दो...

- रचना - अमरेन्द्र कुमार साहा

LOVE

When you see a butterfly kissing a blooming flower,
When snow flakes dizzles silently all around you,
When a baby smilingly comes crawling towards you,
When you wrap a person shivering in cold with a blanket,
When you become a catalyst in bringing joy to a group of people.....
It evolves into a wonderful feeling within you.

This ecstatic happiness was not your intention,
But the obvious joyful return gift is the unexpected bonus to you.

This is love.

Love to the situation, love to the experience, love to the person, love to the need, love to the society.
And above all, you like your actions because you love yourself to be caring, to be pure, to be honest.

Be a lovely person and spread love all around you. You will be blessed by GOD.

**By Vice President
Pradip Sinharay**



**Pradip Sinharay
Past President
Rotary Club of Navi Mumbai
Sunrise**

इंतजार

कभी यहाँ महफिले थी
दोस्तों की टोलियां थी

कभी यहाँ मेरे अपने थे
दिल में ढेर सारे सपने थे

आशाएं थी, उमंगें थी
हंसी थी, ठहाके थे
जीने के सहारे थे

अब बस अकेलापन हैं
अँधेरा है, नम आँखें हैं

इंतजार हैं किसी किरण का,
जो आकर चीर दे इस अँधेरे को,

जगा दे फिर से सोए हुए सपनों को,

मिला दे फिर से मेरे खोए हुए अपनों से ।
मिला दे फिर से मेरे खोए हुए अपनों से ।



Rtn. Sandhya Sharma
Rotary Club of Navi Mumbai
Sunrise

Thalassemia: Causes, Treatment, and Prevention



IPP. Bhal Shekhar Chillana
Rotary Club of Navi Mumbai Sunrise

What is Thalassemia?

Thalassemia is a genetic blood disorder characterized by the body's inability to produce adequate amounts of hemoglobin, the protein in red blood cells that carries oxygen throughout the body. This results in anemia, a condition where the blood lacks enough healthy red blood cells. Thalassemia is inherited, meaning it is passed down through families.

Causes

Thalassemia occurs when there is a mutation in the genes responsible for hemoglobin production. These mutations are inherited from one or both parents. There are two main types of thalassemia, determined by which part of hemoglobin is affected:

- **Alpha Thalassemia:** Caused by mutations in the alpha-globin gene.
- **Beta Thalassemia:** Caused by mutations in the beta-globin gene.

Individuals with one mutated gene are carriers and may have mild symptoms or none at all (known as thalassemia minor). Those with two mutated genes (thalassemia major) can have more severe symptoms and require regular medical treatment.

Symptoms

The severity of symptoms varies based on the type and extent of thalassemia:

- **Mild Thalassemia:** May cause mild anemia with symptoms like fatigue, weakness, or pale skin.
- **Moderate to Severe Thalassemia:** Symptoms include severe anemia, jaundice (yellowing of the skin and eyes), bone deformities (especially in the face), delayed growth, and dark urine.

Treatment

The treatment for thalassemia depends on the severity of the condition:

1. **Regular Blood Transfusions:** For severe thalassemia, regular blood transfusions are required to maintain healthy levels of hemoglobin.
2. **Iron Chelation Therapy:** Frequent blood transfusions can lead to excess iron in the body, which can damage organs. Iron chelation therapy removes this excess iron.
3. **Bone Marrow or Stem Cell Transplant:** This is the only potential cure for thalassemia. It involves transplanting healthy stem cells from a compatible donor to the patient to enable the production of normal hemoglobin.
4. **Medications:** To stimulate the production of fetal hemoglobin or to manage symptoms.
5. **Surgical Procedures:** In some cases, the removal of the spleen (splenectomy) or gallbladder (cholecystectomy) may be necessary.

Prevention and Protection

1. **Genetic Counseling:** Couples with a family history of thalassemia or who are carriers should seek genetic counseling before starting a family. This helps assess the risk of passing on the disorder to children.
2. **Prenatal Testing:** For those at risk, prenatal testing (like chorionic villus sampling or amniocentesis) can detect thalassemia in the fetus.
3. **Carrier Screening:** Individuals in regions where thalassemia is more prevalent (like the Mediterranean, Middle East, and South Asia) should consider carrier screening.
4. **Healthy Lifestyle:** While lifestyle changes cannot cure thalassemia, maintaining a healthy diet, regular exercise, and avoiding excess iron (unless prescribed) can help manage symptoms and improve quality of life.
5. **Vaccinations:** People with thalassemia, especially those undergoing regular transfusions, should keep up-to-date with vaccinations, particularly against hepatitis B, to prevent infections.

Living with Thalassemia

Managing thalassemia requires ongoing medical care and support. Regular monitoring and treatment can help prevent complications and improve life expectancy and quality of life. Advances in medical research continue to improve the prognosis for individuals with thalassemia, offering hope for better treatments and, ultimately, a cure.

Media Mentions

ntact@newsband.in  www.newsband.in **Newsband**

Rotary Club of Navi Mumbai Sunrise marks Independence Day with heartwarming celebrations



By Indrani Basu

Navi Mumbai: The Rotary Club of Navi Mumbai Sunrise celebrated Independence Day in a heartwarming and thought-provoking manner, bringing together community spirit and patriotism. The day began with members visiting five Child Learning Centres (CLCs) run by the club, where they spent quality time with the young students, filling the day with joy and meaningful activities.

Rotarians, along with members of the Inner Wheel and Rotaract Club, engaged with the children, organizing fun activities that included serving delicious food and distributing sweets. The children's faces lit up with happiness as they participated in the celebrations. A highlight of the event was a drawing competition, where many young participants also dressed as freedom fighters, adding a historical and patriotic touch to the occasion. Cultural performances by the children further enriched the celebrations, making the day truly memorable.

In a commendable initiative to promote environmental sustainability,

the Rotary Club of Navi Mumbai Sunrise, in collaboration with the Rotaract Club of NMIMS Sunrise, conducted a tree plantation drive at the HP Query CLC, reaffirming their commitment to a cleaner, greener environment. The Rotary Club of Navi Mumbai Palm Beach also joined the celebrations, making it a collective effort towards community engagement.

Another significant event, Annapurna Day, was jointly organized by the Rotary Club of Navi Mumbai Sunrise and the Rotary Club of Navi Mumbai Industrial Area. Over 100 cancer patients were served meals by the Rotary members at Asha Nivas, Tata Memorial Cancer Centre. District Governor Rtn Dinesh Mehta and First Lady Rtn Jyoti Mehta graced the event, adding a soulful touch to this act of charity and care.

Sanjay Panigrahi, President of the Rotary Club of Navi Mumbai Sunrise, personally visited all five CLCs to distribute prizes to the winners of the drawing competition, ensuring that the day was both enjoyable and inspiring for everyone involved.

Media Mentions

Kharghar residents celebrate Raksha Bandhan and Senior Citizens' Day with elderly inmates of Old Age Home

By **Indrani Basu**

Navi Mumbai: The spirit of Raksha Bandhan and Senior Citizens' Day was brought to life by the Kharghar community as they celebrated with the elderly residents of Girija Old Age Home. The heartfelt event was organized by the Rotary Club of Navi Mumbai Sunrise, showcasing a profound gesture of love and respect for those who have been abandoned by their families.

On Rakhi Purnima, a group of women from Kharghar visited Branch No. 3 and Branch No. 4 of the Girija Old Age Home. They marked the auspicious occasion by tying rakhis on the wrists of the elderly residents, symbolizing protection and care. This gesture was more than a ceremonial act; it was a deep expression of adoration for the elders, acknowledging their invaluable contributions to society.

The celebration was filled with warmth and joy as the women engaged with the residents, sharing stories and laughter. First Lady Manisha Panigrahi of the Rotary Club of Navi

Mumbai Sunrise addressed the gathering, emphasizing the importance of cherishing and caring for the elderly. She stated, "Our elders are the roots of our society, and it is our duty to ensure they feel loved, respected, and valued. Celebrating Raksha Bandhan and Senior Citizens' Day together allows us to show our gratitude and respect while fostering a sense of belonging among the residents of the old age



home."

The visit concluded with the distribution of sweets and refreshments, adding to the festive atmosphere. The event highlighted the Rotary Club's commitment to creating a compassionate and inclusive community, reinforcing its mission of dedicated community service.



Rotary Club of Navi Mumbai Sunrise



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